

WEEKLY SPECIALS | JANUARY 19-23

**7WTC
CAFE**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MARKET BAR	CLOSED	Fresh Seasonal Fruit, Oatmeal, Greek Yogurt, Assorted Bagels, Pastries, Assorted Spreads & Jams						CLOSED	
		Salad Greens, Fresh Vegetable Crudités & Fruit, Wholesome Beans & Grains, Lean Proteins & Cheeses, Salad Dressings & Vinaigrettes, Toppings Antipasti: Daily Selection of Seasonal Marinated & Grilled Vegetables, Grain & Bean Salad							
DELI	Grilled Eggplant Parmigiana Panini fresh mozzarella, marinara sauce, basil Santa Fe Brisket Melt Spiced Brisket, Cheddar Cheese, Caramelized Onions, Chipotle Thousand Island Dressing								
GRILL	CLOSED	Breakfast Special Fried Egg, Turkey bacon & Cheese Croissant Lunch Special Turkey BLT La Frieda Burger						CLOSED	
CHEF'S TABLE	CLOSED			Mongolian Stir-Fry Beef, Shrimp, asst. vegetables, jasmine rice			CLOSED		
SOUP			Minestrone	Chicken Tortilla		Chicken 'n' Dumplings			
HOT KITCHEN TABLE	CLOSED	BREAKFAST Confetti Cage-Free Frittata Spinach, Feta & Tomato Egg Whites Scrambled Home Fries Turkey Sausage Link Italian Italian Meatballs w/ Marinara sauce Fire Roasted Salmon Herbed Spiral Pasta Roasted Vegetable Medley		BREAKFAST Cage-Free Scrambled Eggs w/Scallions Spinach, Bacon & Egg Whites Frittata Breakfast Fingerlings Apple Chicken Sausage Mexican Chipotle Chicken Carne Asada- Flank Stewed Black Beans Cilantro Lime Rice		BREAKFAST Cage-Free Cheesy Scrambled Eggs Roasted Vegetable Egg Whites Frittata Choc Chip Pancakes Pork Sausage Link Comfort Mesquite Pork Chops Blackened Chicken Cin. Roasted Sweet Potato Cauliflower Gratin		CLOSED	
GRAB N GO	CLOSED		Cheese Quesadilla Chicken Quesadilla		Cheese Quesadilla Chicken Quesadilla		Cheese Quesadilla Chicken Quesadilla	CLOSED	